



# Yarrabah School

## Newsletter #1

February 13<sup>th</sup> 2019

### Yarrabah in 2019

I'd like to extend a heartfelt welcome back to all families and children. In particular we warmly welcome the new students and their families to Yarrabah School in both the school aged and Early Education programs.

The 2019 year will be celebrated as historic. Our new school buildings are well on the way with the Early Education building opening today. The primary aged building, specialist building and administrative building are all due for completion by the end of the year. Stage 2 is expected to begin in September.

Yarrabah's purpose is to maximise student potential by providing an individualised safe learning environment that promotes active learning, encourages adventure, independence and self-esteem. We constantly keep in mind our motto of remaining a small school with a big heart. This year we plan to:

1. Implement the first stage of becoming a communication accessible school
2. Maintain our respectful relationships and Kidsmatter philosophies
3. Major focus on teaching Life Skills by building independence in dressing, undressing, grooming, showering, toileting, kitchen/food, laundry and cleaning
4. Maintain a strong staff development focus on improving student safety and behaviour with the two learning specialists (Abbey and Alison) and Assistant Principals (Lauri and Sophia)
5. Further embed the REAL framework with specific focus on Relationships, Explicitness, Abilities and Learning for Life
6. Ensure that members of the Yarrabah Community are available and listen to the needs of students and families at all times

Everyone at Yarrabah believes in ensuring our school is a place where all members of the community feel safe, valued and secure.

Yarrabah School values Tolerance, Respect, Integrity, Care and Support. Working together we will achieve these values and support the children's individual needs. I implore you to keep speaking with leadership, your classroom teacher and specialist. We will listen to ideas and concerns.

Particular programs we are very excited about this year include a Visual Arts project in term 2, the communication project being rolled out this year across the entire school by speech therapists, the completion of our hydrotherapy centre and the strong focus on embedding life skills throughout each day for all students.

I encourage you to keep checking the website, checking Flexibuzz and keeping an eye on our Facebook page.

Student leadership at Yarrabah School is very important. The students will soon have an opportunity to elect student voice representatives and school leaders. The school values each student's contribution. All graduating students will have a leadership role in 2019.

This year Yarrabah is working towards introducing a Parent and Friends Association (PFA). We believe there are many families who will be interested. More details will be released soon.

Last year our fundraising efforts raised enough money to pay an initial instalment on the hydrotherapy pool. We are very excited about the contributions being made across our community and in particular the efforts of those actively involved in fundraising. Yarrabah are looking to raise a further \$115,000 in the next 2 years to make our last payment. It is achievable and it will result in one of the best facilities we could have in our school.

Matthew Harris  
Principal

# Important Dates and Information - 2019

## Newsletter #1

### **Curriculum Days for 2019 (Student free)**

April 26<sup>th</sup>

August 5<sup>th</sup>

November 4<sup>th</sup>

### **Term dates for 2019**

#### **Term 1, 2019**

January 31<sup>st</sup> - April 5<sup>th</sup>

#### **Term 2, 2019**

April 23<sup>rd</sup> - June 28<sup>th</sup>

#### **Term 3, 2019**

July 15<sup>th</sup> - September 20<sup>th</sup>

#### **Term 4, 2019**

October 7<sup>th</sup> - December 20<sup>th</sup>

### **Camps in 2019**

April 29<sup>th</sup> – May 1<sup>st</sup>

June 17<sup>th</sup> – June 19<sup>th</sup>

June 24<sup>th</sup> – June 26<sup>th</sup>

December 11<sup>th</sup> – December 13<sup>th</sup>

### **Important Dates for 2019**

#### **Labour Day (Student free day)**

Monday March 11<sup>th</sup>

#### **Footy Day - St.Kilda players attending**

Tuesday March 12<sup>th</sup> - (1pm - 2pm)

#### **Lower Junior Parent Picnic**

Tuesday March 12<sup>th</sup>

#### **Easter themed Pop Up Shop**

Wednesday April 3<sup>rd</sup>

#### **End of Term 1 Sausage Sizzle**

Thursday April 4<sup>th</sup>

#### **Anzac Day public holiday (Student free)**

Thursday April 25<sup>th</sup>

#### **Fun Run**

Friday May 17<sup>th</sup>

### *2019 Immunisations - Secondary age*

The Secondary School Vaccine Program offers free vaccines to Year 7 and 10 students. These vaccines provide protection against:

- Diphtheria, tetanus and pertussis (whooping cough) – one dose for year 7 students
- Human Papillomavirus (HPV) – two doses for year 7 students
- Meningococcal A,C,W,Y – one dose for year 10 students

Parents/guardians of year 7 and 10 students should look out for the vaccine consent card booklet coming home from school with your child. You need to read the information, complete and return the card regardless of whether your child is being vaccinated at school.

The Kingston Council immunisation service may contact you about the Secondary School Vaccine Program. Schools are authorised to provide basic parent/guardian contact details to local councils for this purpose. Contact the school by 28 February 2019 if you do not want your contact details given to the Kingston Council immunisation service.

To learn more about the Secondary School Vaccine Program, the vaccines, the diseases they protect against, or how you can prepare your child for vaccination, go to [betterhealth.vic.gov.au](http://betterhealth.vic.gov.au).

Additionally, the Commonwealth government is funding vaccinations for all children under 20 years of age who missed any scheduled vaccines, including a catch up program for Meningococcal ACWY vaccine for adolescents aged 15-19 years of age who have not already received the vaccine in school.

If students have missed vaccines, either in childhood or adolescence, and require catch-up vaccines, they should speak with their immunisation provider. (ie. local council or GP).

## Occupational Therapy team

Hello and welcome to the new school year in 2019! This year there are 6 Occupational Therapists over the school. We would like take to this opportunity to introduce ourselves and explain how we will work with your child.

We have one therapist allocated to most sections. One section (Upper Junior) is shared across two therapists. Each student will see an Occupational Therapist in their classes throughout the year and will be involved in setting up the classroom environment to suit individual physical, sensory and regulation needs, along with facilitating or co-facilitating programs such as; life skills, alert program, play & social skills, gross motor skills, digital technologies, handwriting and fine motor skills, travel education, electives and work skills. The therapists are adaptable and will be across all learning groups, providing support and advice throughout the week.

In 2019 the life skills program will be embedded into natural opportunities throughout your child's everyday routines. Including but not limited to (and dependant on child's ability); unpacking belongings in the mornings, preparing a basic snack or meal before recess or lunch, applying sunscreen, puberty and period management, putting on / off shoes & socks before play times, pulling up and down pants for toileting, washing hands before and after each meal, sweeping and wiping up tables after meal times, and putting on / taking off a jumper / jacket during hot or cold periods during the day.

The therapists will complete assessments, program planning and evaluations throughout the year which will guide and underpin growth and development for students. Each therapist will build a respectful and positive relationship with your child and hopefully their families / carers. By the end of the first term therapists will better understand student's individual learning needs and abilities from profiles, parental feedback, observation, teacher conversations and documented assessments. Each therapist can be contacted directly or via their respective email.

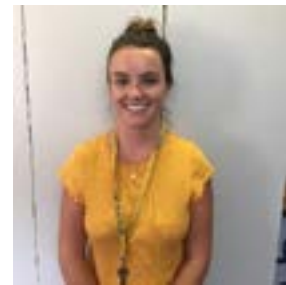
We are looking forward to working with you and your child this year and are excited for a fantastic 2019!



Anna Garland  
Occupational Therapist  
EEP  
garland.anna.a@edumail.vic.gov.au



Ellyce Pryor  
Occupational Therapist  
Lower Junior & Upper Junior  
pryor.ellyce.r@edumail.vic.gov.au



Rachel Sheehan  
Occupational Therapist  
Upper Junior & Middles  
Sheehan.rachel.r@edumail.vic.gov.au



Maike Creaser  
Occupational Therapist  
Transitions  
Creaser.maike.m@edumail.vic.gov.au



Hannah Williams  
Occupational Therapist  
Inters  
Williams.hannah.w@edumail.vic.gov.au



Amy Dyer  
Occupational Therapist  
Seniors  
dyer.amy.r@edumail.vic.gov.au

## Physiotherapy team

Dear Families,

It is lovely to see everyone back at school and wonderful to see some new faces too. In 2019 there are 2 part time physiotherapists (Elisa and Sarah) and a physiotherapy assistant (Nina) that work across the whole school. We would like take to this opportunity to introduce ourselves and explain how we operate within the school.

Physiotherapists work primarily with children who present with physical disabilities. These children are identified by the physiotherapists and will be assessed and allocated to a physiotherapist. The physio will set up an individualised program at school, (which may include individual, hydrotherapy or group therapy) in order to meet the child's gross motor goals. Our role may include liaising with a students private physio in order to ensure a collaborative approach to their therapy.

In addition to working with specific individuals, a physio works with each child in EEP, Lower Junior and Upper Junior during a weekly group session of PMP. This program aims to improve balance, co ordination and motor planning as well as strengthening shoulder girdle muscles. If any areas of concern arise the physio will contact the family concerned to discuss this further.

Either Sarah or Elisa can be contacted directly or via their respective email.

We are looking forward to another fun year at Yarrabah.  
Warm regards,



**Sarah Jenkins**  
jenkins.sarah.s@edunail.vic.gov.au



**Elisa Paul**  
paul.elisa.a@edumail.vic.gov.au



**Nina Rodriguez**

## Speech Therapy team

In 2019 there are six Speech Pathologists and one Speech Pathology assistant. They are allocated across the primary and secondary schools. We would like take to this opportunity to introduce ourselves and explain how we will work with your child.

Our primary section has four therapists and our secondary section has three therapists.

You can contact your Speech Pathologist with regard to your child's communication needs, social skills, mealtime support or behavioural management strategies. The team is working collaboratively to provide your child the maximum amount of support and developmental outcomes.

The therapists will complete assessments, program planning and evaluations throughout the year which will guide and underpin growth and development for students. Each therapist will build a respectful and positive relationship with your child and hopefully their families/carers. By the end of the first term, therapists will better understand individual learning needs and abilities from profiles, parental feedback, observations, teacher conversations and documented assessments. Each therapist can be contacted directly by phone or via their email.

We are looking forward to working with you and your child this year.

Warm regards,



Megan Bloom  
Secondary school

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Rhiannon Bourke  
Secondary school

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Clair Nicoletsopoulos  
Secondary school

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Mietta Italiano  
Upper Junior  
Middles

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Amanda Bruce  
Lower Junior  
Upper Junior

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Hayley Jones  
EEP  
Foundation

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Leane Phillips  
Learn to Play  
English

[Phillips.Leanne.S@edumail.vic.gov.au](mailto:Phillips.Leanne.S@edumail.vic.gov.au)



**FlexiBuzz** is Yarrabah School's App for receiving current information, reminders, accessing the school website, sending absence notices and much more. You will need to download this app from iTunes or Google Play store. The download is free.

Yarrabah have been trialling this App and the way it is used to communicate. We want to provide a range of communication choices that suit your busy lifestyle. We also want to make it easy to receive the latest news and updates from across the school and your child's classroom.

**FlexiBuzz** can be downloaded **free** onto your **mobile device** or **home computer**.

The school has a password to access WHOLE SCHOOL.  
The password is **Y5142**

**Lower Junior password:** LJunior

**Upper Junior password:** UJunior

**Middle password:** Middles

**Transition password:** Trans

**Inters password:** Inters

**Senior School password:** Seniors











If you require further support using or installing **FlexiBuzz** on your phone or computer let the office know.

# Yarrabah School Canteen Order Form 2019

## Wraps & Hot Food

Salad wrap 	\$3.50		Ham & Pineapple Pizza 	\$3.00	
Brittney's Chicken tender wrap (with GF tenders, lettuce and dairy free mayo, all wrapped) Gluten free 	\$4.00		Puppy Dog Hotdog Tomato sauce Mustard 	\$1.50 \$3.00 add .20c add .20c	
Chicken tenders (3) (Gluten free) 	\$3.50		Pasta Bolognese 	\$3.00	
Ross' Plain Hamburger (with cheese/lettuce) Tomato sauce 	\$3.50 add .20c		Sausage Roll Tomato sauce 	\$2.50 add .20c	
Tyler's Hamburger with the lot (with cheese, lettuce, cucumber, carrot and tomato) Tomato sauce 	\$4.00 add .20c		Dim Sims (steamed)  Soy Sauce	\$1 each or 3 for \$2.50 add .20c	
Meat Pie Tomato sauce 	\$3.00 add .20c				

## Fruit, Cold Drinks & Snacks

Apple 	.50c		Orange juice pop top 	\$1.50	
Banana 	.50c		Apple juice pop top 	\$1.50	
Popcorn (sealed bag) 	\$1.00		Strawberry Frozen Yoghurt 	\$2.00	
Jamie's Honey Joys (Gluten free) 	.60c		Chocolate Milk 	\$2.00	
			Strawberry Milk 	\$2.00	
Chocolate Muffin 	\$1.00		<b>Total amount enclosed</b>	<b>\$</b>	
			<b>Change required</b>	<b>\$</b>	

# Community Noticeboard

## Newsletter #1

### Raising Autistic Teenage Girls

Empowering autistic girls, parents and professionals to thrive

**Featuring:**

Dr Michael Carr-Gregg  
Psychologist

Dr Janine Manjiviona  
Psychologist

Chloe Hayden  
Autism self-advocate

Vanessa Thomas  
Family Planning Victoria

**When:** Thursday 21 March 2019  
9.30am-3.30pm

**Where:** Glen Eira Town Hall  
**Tickets:** \$195

Tickets and more information:  
[raisingautisticteenagegirls.eventbrite.com.au](http://raisingautisticteenagegirls.eventbrite.com.au)

A Quiet Room will be available at the venue



### LONGHEACH ANGLICAN PARISH **Parish Fete**

Saturday 16 March  
9am ~ 2.00pm

Auction @ 11.30am

St Chad's Anglican Church  
12 Thames Promenade  
Chelsea

Auction, Cakes, Devonshire Tea, Homemade Crafts and Jams, Mystery Bottles, Pies, Plants, Sausage Sizzle, Sri Lankan Food  
Plus 3 Great Raffles: Easter Hamper, i-Watch & Handmade Quilt

Comprising St Aidan's, Carrum and St Chad's, Chelsea. We are proudly supporting our community through:



### MOIRA® Disability & Youth Services

## Ducks

Dads Understanding Challenged Kids

Ducks is a monthly support group for fathers of children with disabilities in the Southern area of Melbourne.

1st Thursday of the month, 7:30pm  
Gabriella Pizza - 146 Koornang Rd, Carnegie.

2019 dates: 7th February, 7th March, 7th April, 2nd May, 6th June, 4th July, 1st August, 5th September, 3rd October, 7th November, 5th December

For more info contact MOIRA's Parent Support Officer or contact MOIRA using the details below.



03 8542 8558



[help@moira.org.au](mailto:help@moira.org.au)



[moira.org.au](https://www.facebook.com/moira.org.au)

### PIT STOP



Parenting Tune-Up



#### NEXT COURSE

April - May-June 2019

**VENUE:** City of Kingston Council  
Westall Community Hub  
Fairbank Room  
35 Fairbank Road  
Clayton South

**DATE & TIME:** 6 x Tuesday night sessions  
April 30th  
May 7, 14, 21, 28 &  
June 04th  
7.00pm - 9.00pm

**REGISTRATION ESSENTIAL**  
Registrations close Wednesday 17 April  
**Enquires:**  
Kingston Family Support Service 9581 4860  
Ranka Trisc 8551 1202  
Email: [cf2fs@kingston.vic.gov.au](mailto:cf2fs@kingston.vic.gov.au)

#### GET THE FACTS ON FATHERHOOD

- ❑ Why dads matter to children
- ❑ Developing a healthy parenting style
- ❑ Improving family communication and closeness
- ❑ Steering your children through stressful stages
- ❑ Disciplining children without losing it... or them!
- ❑ Balancing life work and family
- ❑ Working as a team (partners night)
- ❑ Identifying and implementing change (graduation)

#### PLACES LIMITED TO 30 DADS

- ❑ Entertaining multi-media presentation and interaction
- ❑ Practical insights and strategies
- ❑ Relevant for dads of babies to high-schoolers
- ❑ Dads attend without children, partners attend week 6
- ❑ Comprehensive practical manual included
- ❑ Highly visual - good for all levels of literacy. No exams!
- ❑ Relevant for guys just wanting a refuel, tune-up, right through to men in desperate need of a complete rebuild!

#### WHAT MEN ARE SAYING:

"It was great to get together just with blokes. The guys up front are down to earth. I'm now on track to creating a better future for my kids."

"I'd be the last bloke to do a parenting course 'cause I didn't like the idea of someone telling me how to parent. But I soon discovered Pit Stop is different... I look forward to it every week!"

"The bond I have with my wife and son since I started Pit Stop has been amazing... She is telling all her friends about it!"

"What a great course! ...many simple tools ... I would strongly recommend it to every dad."

Blokes - do this! Our kids are worth it.